



EVERGREEN EVER GROWING PARENT LEARNING OPPORTUNITIES

Nourishing Your ADHD Child's Full Potential

This workshop allows parents and caregivers of children/youth with ADHD to explore ways of growing their potential.

Explore strategies for areas of difficulty such as executive functioning, impulsivity, social skills, learning difficulties, self-regulation, emotion regulation and more! *In partnership with Seeds of Hope Psychological Services and Parkland School Division.*



Therapyware will have a table set up with items available for purchase!

Limited childcare is available for children aged 0 - 5 years.

**Saturday,
October 24, 2026
9:30 AM – 12:00 PM
DOORS OPEN AT 9:00 AM**

Pre-registration is required.



**SCAN QR
CODE TO
REGISTER**

Family Connection Centre
5600 50th St, Stony Plain
info@apfa.ca
780-963-0549

